



# Strawberry Cream Shake

☆☆☆☆☆ 0.0 from 0 votes

Course: **Snacks**

## Servings

1 servings

## Total Time

10 minutes

## Calories

374 kcal

## INGREDIENTS

1 serving Vanilla Life Time D.TOX Shake Mix

---

1 serving Life Time Fiber

---

1 cup unsweetened almond milk

---

1/2 cup frozen strawberries

---

1 Tbsp. almond butter

## DIRECTIONS

**1** Place all ingredients in a blender and mix until smooth.