



# Piña Colada Shake

☆☆☆☆☆ 0.0 from 0 votes

Course: **Shakes**

Servings	Total Time	Calories
1 servings	10 minutes	289 kcal

## INGREDIENTS

1 serving Vanilla Life Time D.TOX Shake Mix

---

1 serving Life Time Fiber

---

1 cup unsweetened coconut milk

---

1/2 cup frozen pineapple chunks

---

4 ice cubes

## DIRECTIONS

**1** Place all ingredients in a blender and mix until smooth.