



# Blueberry Pie Shake

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Course: **Snacks**

## Servings

1 servings

## Total Time

10 minutes

## Calories

330 kcal

## INGREDIENTS

1 serving Vanilla Life Time D.TOX Shake Mix

1 serving Life Time Fiber

1 cup unsweetened coconut milk

1/2 cup frozen blueberries

1 Tbsp. almond butter

1 tsp. vanilla extract

Juice of 1 lemon

## DIRECTIONS

**1** Place all ingredients in a blender and mix until smooth.