



Banana Split Shake

★★★★★ 5.0 from 1 vote

Course: **Snacks**

Servings	Total Time	Calories
1 servings	10 minutes	340 kcal

INGREDIENTS

1 serving Chocolate Life Time D.TOX Shake Mix

1 serving Life Time Fiber

1 cup unsweetened cashew milk

1/3 cup strawberries

1/4 frozen banana

1 Tbsp. cashew butter

DIRECTIONS

1 Place all ingredients in a blender and mix until smooth.